

Calendar

Monday

MARCH 4

Weekday

Sir 17:20-24

Mk 10:17-27

Tuesday

MARCH 5

Weekday

Sir 35:1-12

Mk 10:28-31

Wednesday

MARCH 6

Ash Wednesday

Jl 2:12-18

2 Cor 5:20-6:2

Mt 6:1-6, 16-18

Thursday

MARCH 7

Thursday after

Ash Wednesday

Dt 30:15-20

Lk 9:22-25

Friday

MARCH 8

Friday after

Ash Wednesday

Is 58:1-9a

Mt 9:14-15

Saturday

MARCH 9

Saturday after

Ash Wednesday

Is 58:9b-14

Lk 5:27-32

Sunday

MARCH 10

First Sunday of Lent

Dt 26:4-10

Rom 10:8-13

Lk 4:1-13



Know Someone Overly Anxious About Sin?

For more than fifty years,

Redemptorists have ministered compassionately with those struggling with scrupulosity.

For more information and to sign up for our **free monthly newsletter**, visit:

ScrupulousAnonymous.org

Dear Padre,

How much talking is acceptable while waiting for Mass to begin? The chatter gets noisier as more people arrive, and then everyone starts talking louder just to be heard.

Before Mass, "it is a praiseworthy practice for silence to be observed in the church, in the sacristy, in the vesting room, and in adjacent areas, so that all may dispose themselves to carry out the sacred celebration in a devout and fitting manner" (*General Instruction of The Roman Missal*, 45). For the liturgy to produce its full effects, "it is necessary that the faithful come to it with proper dispositions, that their minds...be attuned to their voices, and that they cooperate with divine grace lest they receive it in vain" (Constitution on the Sacred Liturgy [*Sacrosanctum concilium*], 11). In this sense, we are silent together, for the Mass is not a private function but a celebration of the Church as the "sacrament of unity," a holy people united (SC 26).

Thus, from the point of entry in a church to the time of the gathering song, which is intended to foster unity (GIRM 47), how does your faith community gather for Mass? Some churches with self-contained vestibules are ideal for offering welcome to newcomers and for exchanging greetings. Other sacred spaces are less conducive for separating this informal ritual from a place of quietude. Nevertheless, every faith community, with varying success, creates an atmosphere before Mass where individuals come together as a worshipping body, and at the same time, where people may dispose themselves in a devout manner.

Fr. Byron Miller, CSsR | Sundaybulletin@Liguori.org



SHUTTERSTOCK



A Word from Pope Francis

When we go to Mass, perhaps we arrive five minutes early and begin to chat with the person next to us. But this is not the moment for small talk....It is the moment for recollection within the heart, to prepare ourselves for the encounter with Jesus.

Silence is so important!

—General audience, November 15, 2017



A Redemptorist Ministry

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Our Parish COMMUNITY

March 3, 2019

Eighth Sunday in Ordinary Time (C)

Sir 27:4-7

1 Cor 15:54-58

Lk 6:39-45

Silence Regenerates Our Inner Sanctuary

Silence. This fresco where the Swiss Guards stand outside the pope's residence reminds us of an important virtue that is often absent in modern times: the capacity to be silent. "Be still and know that I am God!" (Psalm 46:11).

The figure in the fresco holds a finger over his mouth, indicating that silence starts with us. Speak less! Then we should muffle the background noise, represented by the stork with a stone in its bill to stifle its squawk.

How often do we have times of silence in our lives—and not just moments when there doesn't happen to be a radio or TV on? I mean purposeful, intentional periods of quiet to be alone with God and ourselves.

Regular times of quiet offer many benefits. They help us reflect, order our thoughts, and contemplate what's happening inside our hearts and minds. Silence is regenerative and gives us new energy, clarity, and serenity. If we add to this quietude an internal dialogue with ourselves and our Lord, it can take our inner sanctuary to a new level. One will not only find strength but also purpose and focus. Silence is the natural habitat of a flourishing soul, yet we often lock out our inner self in the mayhem of the external world, never allowing it to take in what gives it life—silence.

How about taking an hour without phones, radios, TVs, and computers to dedicate yourself to some meditative work or recreation? Or better yet, take a moment and go to a local perpetual adoration chapel to quietly sit with our Lord.

—Fr. Mark Haydu, LC

For Reflection

Is there a daily moment when I can enjoy some silence? What will I find in those moments? In my frenetic activity, am I running from something that I should otherwise confront?



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When a sieve is shaken, the husks appear; so do people's faults when they speak....

The test of a person is in conversation.

Sirach 27:4-5